servicefm

Safe Work Instruction – COVID-19

DO NOT UNDERTAKE THIS TASK UNLESS YOU HAVE BEEN INSTRUCTED IN ITS EXECUTION

| TASK | TERMINAL AND DECONTAMINATION CLEAN | | |
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| SCOPE | This SWI describes the complete and enhanced process for cleaning and disinfecting in area after a suspected of confirmed exposure to COVID-19. | | |
| | This instruction is focused on community, non-healthcare facilities (e.g., schools, institutions of higher education, offices, businesses, community centres) | | |
| EQUIPMENT REQUIRED | PPE | Cloths/Wipes and Brushes | |
| | Plastic Bags | Cleaning Equipment | |
| | Agar CounterFlu 5L | Spray Bottle | |
| | Vacuum cleaner with HEPA Filter | Mop and bucket | |
| | Steam Cleaner | | |
| SUPPORTING REFERENCES | Safe Work Australia - Information on COVID-19 and work health and safety: Preparing workplaces for COVID-19 | | |
| | Department of Health – Routine environmental cleaning and disinfection in the community | | |

PPE REQUIREMENTS - Verify all PPE is in good condition prior to use Foot Hearing High Head Hygiene Hand Protective Disposable Sun Eye Protection Protection Visibility Protection Protection Controls Protection Clothina Mask Protection **OTHER**

KEY HAZARD AND RISK CONTROLS - Safety, Environment and General

Safety

Always wear required PPE

General

- Avoid people experiencing fevers, sweats, chills or other flu-like symptoms
- Avoid touching face, in particular mouth, nose and eyes
- All workers should be encouraged to practise frequent and thorough handwashing
- Where possible, stay at least 1.5 metres or more away from people unless wearing appropriate PPE
- Maintain good respiratory (cough) etiquette, i.e., cover mouth with elbow and do not cough onto people, objects or into open air



| BEFORE YOU START <u>TAKE 5</u> FOR SAFETY | | | | |
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| STOP and think about the potential dangers of the task and work area | LOOK and identify new hazards, and report these to the manager | ASSESS the risk, consider any possible threats of damage or injury | CONTROL hazard with suitable control measure to reduce risk | DO the task and monitor hazards by keeping a look out for changes |

| STEP BY STEP GUIDE | |
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| STEP 1 | Identify and determine the required decontamination areas of the facility (ask the client size of area) |
| STEP 2 | Wash hands thoroughly with soap and running water for 40-60 seconds |
| STEP 3 | Gather appropriate cleaning materials and equipment as follows. Equipment may include: Cloths Brushes Wipes Mop, including clean mop heads Clean mop bucket Clean plastic bags Before you begin, make sure your equipment is clean. For example — wipe down your mop handles, use clean mop heads and make sure your buckets do not have residual dirt. |
| STEP 4 | Apply appropriate clothing and PPE in the following order: Disposable fluid resistant long-sleeved gown coveralls Disposable Boot Covers Disposable surgical mask or N95/P2 - Ensure it completely covers the nose and mouth Eye protection (goggles)/ Face Shield Disposable heavy-duty chemical gloves – 2 layers These PPE recommendations are those that protect the wearer from the coronavirus. Additional PPE, such as a chemical respirator, may be required for the use of the disinfecting chemicals, the most stringent combined set of PPE for the virus and |
| | Any breaches in PPE (e.g. tear in gloves) or any potential exposures should be reported immediately to your manager or supervisor. |
| STEP 5 | The <u>preferred cleaning agent</u> for this process is Agar CounterFlu Follow manufacturer's instructions for appropriate dilution and use. Counterflu is designed to be diluted with water. Dilutes to 1:5 for hospital-grade disinfection Wear gloves and eye protection when handling. Solutions should be made up as they are needed. Pre-diluted solutions lose potency over time and on exposure to sun-light and as such need to be made up fresh daily. All preparation of cleaning agent should occur in the cleaner's allocated area. Preparation should only commence once all safety information and ratio's is fully understood and all PPE is applied correctly Fill the bottle to recommended level with water before adding the chemical Place funnel in bottle and gently fill with require ratio of chemical DO not over fill the spray bottle |



| | Remove funnel from the neck of the spray bottle and secure the trigger to the bottle. Ensure it is screwed on tightly, then gently mix chemical by turning bottle upside down five times. |
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| STEP 6 | Where possible, seal off areas where the suspected/confirmed case has visited, before carrying out cleaning and disinfection of the contaminated environmental surfaces. Where possible open outside doors and windows to increase air circulation and ensure ventilation Remove crockery and cutlery. Place in an on-site dishwasher (if available) or wash in warm soapy water. If any bodily fluids are present, cordon off the area around and advise Facility Manager to organise a Bodily Fluid Clean up. |
| STEP 7 | A TERMINAL AND DECONTAMINATION clean will then be performed. Clean all workstation surfaces on site that the person with confirmed COVID-19 or similar symptoms has had access to when they were sick, or in the 24 hours prior to them becoming symptomatic Cleaning workers should clean and disinfect all frequently touched areas (e.g. lift buttons, handrails, doorknobs, armrests, seat backs, keyboards, switches etc.) and toilet surfaces with chemical disinfectants and allow to air dry. Clean surfaces with a cloth as follows: Fold the cloth in half until it is about the size of a hand as this will ensure that all of the surface area can be used efficiently (fold them in half, then in half again, and this will give 8 sides) Use general strategies as follows: Always Spray the chemical to the Wipe/Cloth. Proceed from cleaner to dirtier areas to avoid spreading germs Clean high to low / top to bottom. This is because contaminants will drip / fall downwards Clean in a systematic manner to avoid missing areas, e.g., from left to right or clockwise. Wipe the surface thoroughly to wet it, which will allow the disinfectant to work correctly When all the sides of the cloth have been used or when it is no longer saturated with solution, dispose of the cleaning cloth into the plastic bag Ensure surfaces remain wet for the period required to kill the virus (this is known as contact time) as specified by the manufacturer. If no time is specified, leave on the surface for 10 minutes. Wipe and dry any area (excluding Hard floors) that are still wet using disposable wipe and dispose of the wipe accordingly |
| STEP 8 | IF REQUIRED Mop the floor using a clean mop head using a new batch of cleaning solution. Change the water if there is a large area of floor to be cleaned. |
| STEP 9 | Following a confirmed COVID-19 case at a workplace or facility, any waste generated by deep cleaning or clean up processes should be disposed as clinical waste. |



| | Information on how to dispose of clinical waste can be found at the relevant environment protection agency website. |
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| STEP 10 | Remove and dispose of PPE in the following order: |
| | Remove and dispose of first layer of gloves in a plastic bag |
| | Wash hands with soap and running water (40-60 seconds), or use alcohol-based hand rub (20- 30 seconds) |
| | Remove and dispose of apron / coveralls and place them into the plastic bag |
| | Wash hands with soap and running water, or use alcohol-based hand rub |
| | Remove protective goggles / face shield by tilting the head forward and lifting the earpieces. Avoid touching the front surface of the eyewear/face shield. Reusable protective eyewear should be placed into a container and washed in detergent and water and allowed to completely air dry prior to reuse |
| | Wash hands with soap and running water, or use alcohol-based hand rub |
| | Remove and dispose of the surgical mask, ensuring that the front of the surgical mask is not touched. Remove the surgical mask by holding the elastic straps or ties. Place it in the plastic bag |
| | Remove the last layer of Gloves and dispose of it in the plastic bag |
| | Wash hands with soap and running water, or use alcohol-based hand rub |
| | The plastic bag (containing disposed-of PPE) needs to be double bagged and disposed in a bic waste bin at an ServiceFM or approved facility |
| STEP 11 | Wash hands thoroughly with soap and running water for 40-60 seconds. |

EMERGENCY REQUIREMENTS

• Be aware of site emergency response provisions and first aid requirements

FINAL CHECK

- Are all work areas clean and tidy?
- Have you put all equipment and materials away neatly?
- Have you reported any near misses or incidents?