



Your health and wellbeing are integral to our success.

We've partnered with the trained professionals at AccessEAP to provide an Employee Assistance Program that helps you when you need it. You can access free and confidential services to:

- Speak to counsellors.
- Discuss personal or professional challenges.
- Access tips, strategies and new ways to support your mental health and wellbeing journey.

To take the next step in your health journey:

- Call **1800 818 728** for face-to-face or phone counseling appointments;
- Email info@accesseap.com.au; or
- Download the **EAP In Focus** App.



App available at

